# RENNES

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Bannière Rennes

**Congress and Event Capacity** : Up to **3,000** delegates




Rennes is **1 hour 25 minutes** from Paris by train, with daily shuttles. The capital of Brittany also enjoys a privileged location, less than an hour from Saint-Malo and the Bay of Mont Saint-Michel. This excellent accessibility is complemented by extensive motorway access.

## Rennes, at the heart of transitions

Just **1 hour 25 minutes** from Paris by train, the Breton capital is committed to being a resilient region that ensures quality of life, with a pedestrian city center and an efficient, **100%** accessible public transportation network.

**When the metropolis commits...**

To achieve its goal of reducing greenhouse gases by 40% by 2030, **Rennes Métropole** is strongly committed to transitions. The adoption of its climate plan places the fight against climate change and the transition to a "post-carbon" region at the heart of public policies in order to improve air quality and quality of life by offering concrete solutions to public and private stakeholders, and residents.

**...Destination Rennes takes action**. Since its inception, Destination Rennes has been committed to a corporate social responsibility approach with the aim of not opposing attractiveness and sustainability. **ISO 20121 certification** and the **Sustainable Innovative Destination label** highlight the implementation of reliable processes within the company and concrete actions to raise awareness and empower economic stakeholders, tourists, and conference attendees regarding eco-responsible issues.

## A vital role in the regional economy

With a network of nearly **40,000** institutions, **Rennes Métropole** plays a vital role in the regional economy. It boasts a dense research ecosystem, a rich educational offering, and a high quality of life. It boasts dynamism at every level. Rennes stands out in key economic sectors such as digital technology, healthcare, cybersecurity, cultural and creative industries, food, and mobility. A city of transitions, it also attracts innovative companies committed to new production methods. These many strengths regularly rank it among the top three most attractive French cities.

**University/Research**

With **73,500** students, two universities, and **17** grandes écoles, Rennes is the leading center of higher education and research in the Greater West of France. Ranked annually among the top three best French student cities by L'Etudiant magazine, it is renowned for its student life and the wide variety of its educational offerings, spanning multiple sectors, some of which are renowned for their excellence. If Rennes has boasted a remarkable economic performance in recent years, it is largely thanks to the ability of its various stakeholders—campuses, research units, and companies of all sizes and from various sectors—particularly in the digital, health, and food sectors—to work and innovate together.

## Rennes : authentic, urban, breton

**Welcome to Rennes**

Only a 1h25 train ride away from Paris, Rennes is a go-to destination all year round. Enjoy markets river, walks, parks, a historical centre, cultural events, unique landmarks, fantastic local cuisine... Rennes is also an ideal "base camp" to explore Brittany - only 45 minutes from the cast!

**Authentic** : Rennes is friendly and welcoming, making it a great place to explore.

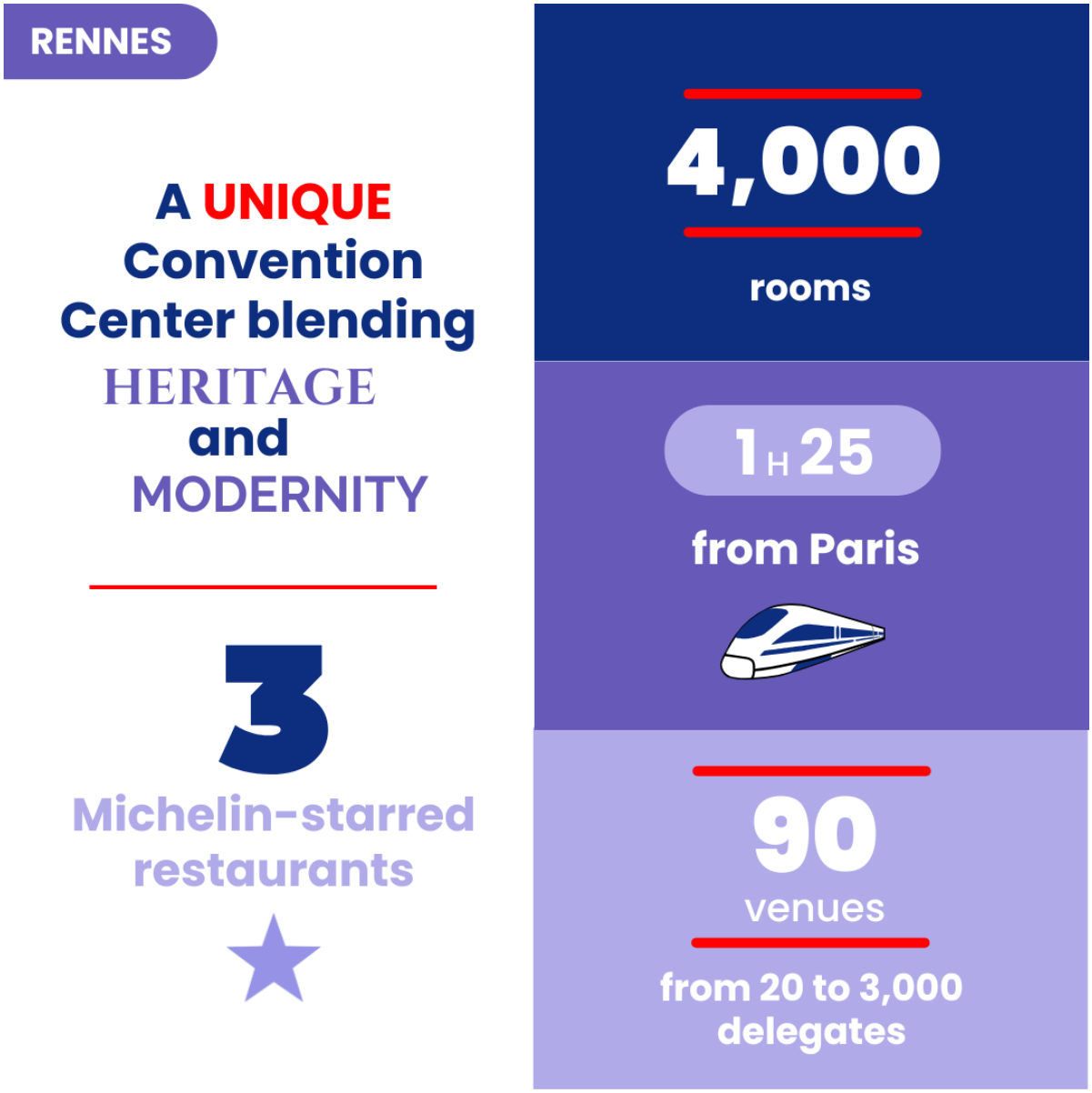
**Urban** : Rennes has all the hustle and bustle of a metropolis, while remaining easily assessible and connected to nature, which is why it’s know, as the « archipelago » city.

**Breton** : as the capital of Brittany, Rennes is the gateway to a region with e unique cultural identity that’open to the world.

## The Couvent des Jacobins

The **Couvent des Jacobins**, rennes convention center, located just **5 minutes** from the train station by metro and in the heart of Rennes' historic center, is close to major cultural sites such as the Opera, the Town Hall, and the Parc du Thabor. This venue attracts visitors with its variety of shops, restaurants, and cultural events.
It features two auditoriums: the Grand Auditorium with **1,000** seats and the Nef with **300** seats, as well as **4,000 m²** of exhibition space and **25** meeting rooms that can accommodate between **40** and **400** people. Its unique architecture in Europe and outdoor spaces, such as the panoramic terrace and the Cloister Garden, provide an ideal setting for business events, exhibitions, or cocktails.
The facilities are equipped with the latest technology in acoustics, audiovisuals, and internet connectivity, ensuring an exceptional experience. The modular rooms can adapt to various formats of professional meetings, facilitating movement with interactive displays.






## KEY FIGURES

## CONTACT

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- DESTINATION RENNES CONVENTION BUREAU'S WEBSITE

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